



NEIGHBORHOOD UNITARIAN UNIVERSALIST CHURCH

Program Guide

CLASSES, EVENTS, AND GROUPS

*"I call that mind free which jealously guards its intellectual rights and powers, which does not content itself with a passive or hereditary faith: which opens itself to light whenceoever it may come; which receives now truth as an angel from heaven."
~ William Ellery Channing*



Fall 2008

Neighborhood Church is a vibrant and growing congregation dedicated to empowering our members to live lives of service, integrity, and joy.

THE MISSION OF NEIGHBORHOOD CHURCH is to serve the spirit as each individual understands it, to serve the educational and pastoral needs of our own community, and to serve the larger world through actions that further social justice. Our vision is for a church that will be a wellspring of liberal faith which brings together into a caring community people of varying beliefs, races, affectional orientation, ages, classes, and cultures.

We shall broaden and deepen our wellspring by providing:

- An excellence of worship which focuses mystery and intellect into one, and offers spiritual renewal to all seekers.
- A culture which is enhanced by the arts, especially music, for the arts are creations of the spirit.
- An environment which grants refuge and inspires us with the beauty of nature.
- A wide offering of educational opportunities for both children and adults that will enable us to explore the world of faith and religion, to support each other in daily living, and to create a more just and compassionate world.
- A fully loving, welcoming, joyous, hopeful community whose members sustain one another through the painful and happy milestones of personal life.
- Actions that further social justice, enabling us to work with all who lovingly confront the wrongs and indignities of the world.
- Our vision shall come to pass by each member consciously contributing to, enhancing, and preserving our common wellspring of faith.

OUR UNITARIAN UNIVERSALIST 7 PRINCIPLES

We covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.



Lifelong Learning at Neighborhood Church

Inspiring our members to live lives of service, integrity, and joy.

301 Orange Grove Blvd.
Pasadena, CA 91103
(626) 449-3470
www.uuneighborhood.org

Rev. Dr Jim Nelson
Senior Minister

Rev. Hannah Petrie
Assistant Minister for Social Justice



In these pages you will find a wide variety of classes and programs for you and your family including many other church groups and outside organizations unaffiliated with Neighborhood Church, but whose work and mission may be of interest to you. You need only register for the classes specifically sponsored by Neighborhood.

**IMPORTANT
PLEASE PRE-REGISTER!**

➤ **Registration Fee Change**

We have begun a two-tiered system of fees for classes and workshops based upon pledging and non-pledging participants. Our classes are open to the larger non-church community and those participants will be charged the non-pledging rate.

Many classes have a minimum number of participants and a few have a maximum. Occasionally class times and locations change at the last minute or classes are cancelled. Only those who are registered will be notified of any changes. Registration will also put you on the class email list to receive reminders and updates.

There are several ways to register: 1. You may fill out the form found in this catalog and mail it or drop it off to the church office with a check or credit card number. 2. You may sign up at the Lifelong Learning table or Social Justice table for Social Justice classes. 3. You may visit the Lifelong Learning web page and register online!

CHILDCARE

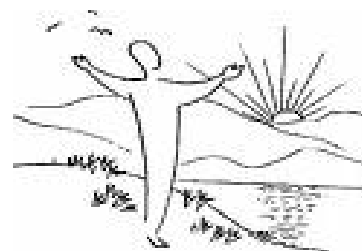
We are committed to providing childcare for all classes & events open to the entire congregation. To ensure safety and adequate supervision, we request that you reserve a space for your child at least one week in advance by contacting Erika Stallings, Religious Education Program Assistant at 626-449-3470 ext. 12 or REassistant@uuneighborhood.org.

Adult Programs

RISE with us!

In 2006 Neighborhood Church embarked on a strategic planning process. We looked at the church through four windows under the acronym **RISE**:

Relational	How we create community and connection at Neighborhood
Intellectual	Focuses on education and learning
Spiritual	How we connect to the transcendent & personal spiritual practices
Ethical	Issues of social justice and Action in our local & global communities



It is within this same framework that we have organized our classes & workshops.
May the road **RISE** to meet you on your lifelong learning journey.

Relational

Being a Unitarian Universalist Parent

With Sara LaWall, Director of Religious Education

Details: 5 Sundays 10/5, 10/12, 10/19, 10/26, 11/2

1:00pm - 2:30pm Room: Room 23

Cost: Pledging \$15/Non-pledging \$25

Minimum: 8 participants Maximum: 20

Reference #: UUP08

Throughout our Unitarian Universalist Association, most religious education centers on the weekly hour of classes offered each year from September through June. Almost everyone admits this is not enough. If you are a parent seeking to better understand and interpret UU values at home during the week, this is the course for you. Each session will include the following 3 sections:

- ◆ An initial theological exploration with discussion,
- ◆ An examination of the ways we can encourage a greater sense of religion in our lives,
- ◆ An opportunity for parents to raise and discuss real-life childrearing questions and challenges and how these might be answered from a UU perspective.

New to Neighborhood

With Rev. Dr. Jim Nelson, Rev. Hannah Petrie,

Kim Hayden, Membership Coordinator and

Neighborhood's Welcome Committee

Details: Saturday, 10/4

9:00am - 1:00pm Room: Sanctuary

Cost: No fee

Reference #: N2N08

This is a wonderful opportunity for newcomers and new members to learn about Unitarian Universalism, meet other new people, and explore some of the many Church opportunities and activities. Lunch provided.

Intellectual

Rev. Dr. Jim Nelson's Favorite Theologian: An Introduction to Paul Tillich

With Rev. Dr. Jim Nelson, Senior Minister

Details: 4 Tuesdays 9/30, 10/7, 10/14, 10/21

7:00pm - 8:30pm Room: Sanctuary

Cost: Pledging \$15/Non-pledging \$25

Minimum: 8 participants Maximum: 20

Reference #: ILT08

Want to learn more about why Rev. Nelson thinks like he does and how he thinks theologically? Four weeks on the theology of Paul Tillich will raise lots of questions and maybe even provide a few answers. Paul Tillich was one of the preeminent theologians of the 20th Century.

Required Text: *The Essential Tillich*, ed. Forrest Church

Spiritual

Drum Circle Meditation

With Sam Palahnuk

Details: 4 Thursdays 10/23, 10/30, 11/6, 11/13

7:00pm - 8:30pm Room: Sanctuary

Cost: Pledging \$15/Non-pledging \$25

Minimum: 6 participants Maximum: 12

Reference #: DCM08

Drumming has long been time honored spiritual practice. Participants will be taught basic rhythms and will all drum together creating a powerful meditative beat. The meditation will then be guided by the instructor toward spiritual discovery and inner peace.

Adult Programs Continued

Dreaming: Gift of the Unconscious

With Doug Thomas, LCSW

Details: 1 Saturday 10/25

9:00am - 4:30pm Room: 23

Cost: Pledging \$35 by Oct. 1/Non Pledging \$110

Students: \$60 Maximum: 30

Reference #: DGU08

Calling all dreamers! Dream work stimulates the imagination and feeds the soul. This workshop introduces established and emerging methods of working with dreams in the Depth Psychology tradition. A combination of lecture, demonstration, and small group and partner exercises will give all participants the opportunity to share dreams and to gain direct experience of both the personal and communal dimensions of dream work. Participants will learn techniques to improve dream recall, promote personal growth and renewal through dreamwork, and use dreams to improve mind-body awareness.

Doug Thomas is a Neighborhood Church member and a licensed therapist in Pasadena, who has trained intensively with Dr. Stephen Aizenstat in the technique of DreamTending. He is currently completing a Ph.D. at Pacifica Graduate Institute in Santa Barbara.

Ethical

Shared Housing Forum: Introducing Co-housing

With Kathryn McCamant, community activist

Details: Wednesday, 9/24

7:00pm - 9:00pm Room: Ross Chapel

Cost: No Fee

Reference #: SHF08

The Co-housing Association of the United States defines co-housing as a type of collaborative housing in which residents participate in the design and operation of their own neighborhoods. During her presentation, McCamant will expand upon this definition as well as discuss the six qualities that define co-housing; focusing particularly on co-housing for seniors. She will talk about Wolf Creek Lodge, the co-housing community for seniors in Grass Valley slated for completion in 2009. Several of the lodge's future residents will be on hand to talk about the participatory planning process that has taken place over the last two years.

Plan B 3.0 Mobilizing to Save Civilization

With Rev. Hannah Petrie & Peter Eisenhardt

Based on the book by Lester Brown of Earth Policy Institute

Details: 4 Mondays 11/3, 11/10, 11/17, 12/1

7:00pm - 8:30pm Room: 23

Cost: Members: \$15/Non-members \$25

Reference #: MSC08

It's time for Neighborhood Church to join the Plan B Team! Read this disturbing but necessary book about climate change in community, and discuss how to implement the book's recommendations into our lifestyles. This book can be downloaded for free on-line (<http://www.earth-policy.org/Books/PB3/pb3frontmatter.pdf>), or purchased at our bookstore, or any major bookstore.

Sunday Forum Transformed

Intergenerational Issues Forum

With Jack Wills & Friends

Details: First Sunday of every month October—May
10:30am - 11:30am (between Services) Ross Chapel

Cost: No Fee

Reference #: ISF08

Join us for discussion and action as we explore the issues of our day from the perspectives of our own generations and our UU community

Using the Economist as our primary source for topical discussions, we invite participants of ALL ages and backgrounds into lively discourse, we hope to bridge the gap of community between generations and take action on the current issues. After each discussion we will ask ourselves, "Who needs to hear from us? An elected official? A corporate executive?"

Special Events & Family Opportunities

HABITAT FOR HUMANITY BUILD

Saturday 10/4 7:30am—2:00pm

Location: Kenwood Street—Glendale

Here's a chance to help deserving Habitat families -- and to "brush" up your painting skills! Sign up sheets will be at the Social Justice Table until we're full. You must be 16 or older to participate. Lunch will be provided by Habitat's Hospitality volunteers!

Maximum: 10 volunteers

AIDS WALK LA

Join the Neighborhood Church Team!

Sunday, October 19, 2008

Join us in the Los Angeles Aids Walk held October 19th, 2008. We will be walking as a team in association with the non-profit Century of Compassion. We hope that each team walker will raise an easy \$100.00. (please feel free to raise more!) Instructions and tips to raise money can be found at the website below. More detailed logistics to follow. For starters, sign up!

TO SIGN UP: Please follow these easy steps-

Go to: <http://www.aidswalk.net/losangeles/>

Click on "Register to Walk"

Click on "Join a Team"

Scroll to Century Of Compassion

**CENTER THEATER GROUP PRODUCTION OF
This Beautiful City Friday, October 24 8:00pm
at the Kirk Douglas Theatre in Culver City**

Twenty tickets at a group rate have been purchased to see this provocative play that has been called "a mesmerizing, fiercely intelligent portrait of Colorado Springs." The Civilians, the OBIE-Award winning theatre company from New York City tackle the fervor behind the Evangelical movement, the effect its growth had on its unofficial U.S. capital, Colorado Springs, and the confusion of a community in crisis following the scandalous fall of pastor Ted Haggard. Created from interviews with actual persons and featuring music by the award-winning composer of *Bloody Bloody Andrew Jackson*, *This Beautiful City* is a an explosive and ultimately sincere exploration of a uniquely American phenomenon and its passionate followers. Tickets are \$36 each.

Further logistics will be provided.

Film Screenings

THE U.S. VS. JOHN LENNON

Directed by [David Leaf](#) & [John Scheinfeld](#)

Wednesday, October 15th 7:00pm Chapel

Hosted by Jon Weiner, contributing editor of The Nation and a KPFK 90.7 FM radio host. Wiener will introduce the documentary film, "The U.S. vs. John Lennon," in which he appears. Following the film is Q and A and a book-signing. Wiener's book, "Gimme Some Truth: The John Lennon FBI Files," was source material for the documentary. Don't miss this pre-election event which has eerie relevance in today's post-911 world.

PREACHER'S SONS

Produced & Directed by C Reed & Mark Nealy

Monday, November 3, 7:00pm Chapel

Produced and directed by members of Neighborhood Church, this is the cinema verité story of five irrepressible but troubled boys – pulled from the train wreck of foster care – the two articulate men who are now their fathers, and their moving metamorphosis into a solid family unit. *Preacher's Sons* invites you to accompany them on their trying journey and experience the courage and humor that enable them to meet the extraordinary challenges of everyday life.

Pre-screening, pre-election RALLY!

No on Proposition 8!

Join us on the patio and surrounding sidewalks before the film for a pre-election night rally to show our support for same sex marriage and our vow to vote no on Proposition 8. We'll have signs & banners but feel free to bring your own—and bring your friends!

7TH PRINCIPLE MONTHLY ENVIRONMENTAL SERIES

3rd Sunday of every month

On the 3rd Sunday of each month, an informative program is offered by Neighborhood's 7th Principle task force that sees to the greening of our facilities as well as the education and advocacy of progressing towards a more sustainable, environmentally sound future. Programs and lectures along will vary. Details can be found on the green sheet in your Order of Service the Sunday prior to the event.

On-going Groups

Chalice Circles

Chalice Circles bring groups of 8-12 members and friends of Neighborhood together in a regular spiritual practice. Facilitators encourage participants to share their life stories in response to thought-provoking, UU-oriented themes and to draw insights from them. Chalice circles begin open enrollment on the Patio in late September.

Contact chalicecircles@uuneighborhood.org .

Mindfulness Meditation

Mindfulness Meditation is a way of paying non-judgmental attention to our moment-by-moment experience. It is a way to work effectively with the stress, physical pain, and emotional overload that often arise in daily living. Meets the 1st & 3rd Wednesdays of every month from 7:00pm—8:30pm upstairs in room 23. All levels of meditators welcome, no experience necessary. Come whenever you can!

Contact: Nancy Rector at ngilmour@earthlink.net

Motorcycle Ministry

Do you own a motorcycle? Are you looking for a group with whom to ride? Get UUr Motor Running...A small group of kind and gentle Neighborhood Church motorcycle riders will gather in the Church parking lot on the last Saturday of every month at 7:30 a.m. for a breakfast ride.

Contact: James Coomes at jmcoomes@gmail.com.

Neighborhood Book Group

Meets every Monday from 7:00pm-8:30 pm at the home of member Joy Alaidarous to discuss current books. The next book for September is *The Hakawati*, by Rabih Alameddine.

Contact: Joy Alaidarous at alaidarous@charter.net

Neighborhood Suppers

Expand your church family! Get to know church members over food and fun. Regular, rotating potlucks are held in members' homes. Sign-ups are at the Welcome Table on Sundays.

Contact: Marsha Tomlinson at marsha@netzero.net

Neighborhood Walking Group

Do you like to walk for pleasure or fitness? Then join us every Saturday morning at 7:00am in the church parking lot. We will walk from the church down to and around the Rose Bowl and back (approximately 4 miles total). Walkers of every speed and fitness level are welcome. Please wear appropriate running or walking shoes and bring water. Strollers and dogs on leash are welcome.

Contact: Alyssa Bellew abellew@uuneighborhood.org (No walk in the event of rain). Please consult a medical professional before starting any exercise program.

People of Color

The People of Color is a group of committed Church members and friends dedicated to creating a Neighborhood Church congregation that explores and addresses issues of diversity and actively works toward a more diverse gathering.

Contact: James Coomes at jmcoomes@gmail.com.

Rainbow Families

Activities and support for same gender parents. Fun includes picnics, holiday potlucks and more! In partnership with the LA Gay & Lesbian Center.

Contact: Terri Hopper at tshopper@adelphia.net

Social Justice Knitting

A bi-monthly knitting group whose completed projects benefit a organization in need of knitted items. Last year's items were sent to Afghans for Afghans. All levels are welcome. Meets every other Wednesday at 7:00pm in the Cole House living room.

Contact: Lulu Escott at scooterlu@sbcglobal.net

VOYAGers

Voyagers is an acronym for 'very old young adult group.' This is a self-selecting age group that roughly falls between folks born in the late 60's to those born in the early 80's. We have a few monthly events, and some special events. On Friday, October 3rd, we are having our Fall Mixer at 6:30pm in Neighborhood House. On the fourth Wednesday of each month we have a Talking Circle, with topics meaningful to this age group. On the first Sunday of each month, we gather after the 2nd service and pick a place to go eat lunch together. Game Nights are a favorite special event and this year we will be introducing some social justice opportunities.

Contact: Hannah Petrie hpetrie@uuneighborhood.org

Writing as a Spiritual Activity

Using writing as both an emotional outlet and a medium to get in touch with our deepest spiritual selves. This group meets every Sunday at 10:30am in the Music Room Library (Room 22—upstairs in the back).

Contact: Ruth Kizner at Rkizner123@cs.com

7th Principle

An environmental action group that initiates new activities to promote environmental awareness. Mark your calendars for January 31st for the Neighborhood Green Fair, which will be an enormous green expo event that will take over our entire campus! A meeting on October 5 between services will determine interest in forming Carbon Circles, which are small groups that seek to support one another in reducing carbon consumption.

Contact: Hannah Petrie hpetrie@uuneighborhood.org.

Outside Groups Meeting at Neighborhood

Art of Living

Thursdays 6:00pm-8:00pm Room 4
www.ArtOfLiving.org

Inspired by the programs of spiritual leader and humanitarian His Holiness Sri Sri Ravi Shankar, this group offers programs to uncover the strength, peace, and joy that lie at the core of every human being. Please consult their website for details.

Bodhi Path

Tuesdays 7:00pm-8:30pm Room 4
www.BodhiPath.org

Bodhi Path is an international organization of Karma Kagyu Buddhist centers founded by His Holiness Shamar Rinpoche. Rinpoche and many other highly qualified teachers provide meditation and philosophy instruction and guidance to learn and practice Mahayana Buddhism.

Kadampa Meditation

Mondays 7:00pm-8:30pm Room 23
www.MeditateInLA.org

Meditation class sponsored by Kadampa Meditation Center California located near Silverlake in Los Angeles. Normally we seek happiness outside ourselves. But no matter how successful we are in improving our external situation, we never experience pure, lasting happiness. This shows us that we should not seek happiness outside ourselves but instead establish it within by purifying and controlling our mind through sincere spiritual practice

New Life

Wednesdays 6:00pm—9:00pm Room 21
www.AnewLife.org

Vernon Howard wrote and taught for many years on one vital topic: There is a way out of human suffering, and any earnest person can find it. The life-healing principles taught in his books and tapes contain a variety of guides and inspirations by which you can change your life. These exciting methods can help you start life all over. Your own mind is the key which unlocks the secrets of life.

PFLAG

1st Tuesday of the month 7:00pm Chapel
www.PFLAG.org

PFLAG, Parents, Families, and Friends of Lesbians and Gays, promotes the health and well-being of gay, lesbian, bisexual, and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. Parents, Families and Friends of Lesbians and Gays provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.

Team Survivor Yoga

Fridays 6:00pm-7:30pm Chapel
www.TeamSurvivor-LA.org

Team Survivor Los Angeles (TSLA) provides free exercise, health education, and support programs for women living with cancer. Our mission is to enable women to regain and maintain their physical and emotional well-being. We welcome women of all ages and fitness levels in all stages of cancer treatment and recovery.

Addictions Groups

Overeaters Anonymous
Wednesdays 7:00pm-8:30pm Room 25
www.OA.org

Sex Addicts Anonymous
Tuesdays 6:00pm-7:30pm Room 23
www.SexAA.org

Sex Addicts Anonymous
Sundays 6:00pm-7:30pm Room 23
www.SexAA.org

Sex & Love AA (SLAA)
Tuesdays 7:30-9:00pm Room 24
www.slaafws.org

Women's AA
Mondays 10:30-12:00pm Room 21

Registration Form

LIFELONG LEARNING ADULT REGISTRATION FORM

Please include payment with your registration and mail to:
NEIGHBORHOOD CHURCH 301 Orange Grove Blvd. Pasadena, CA 91103
Questions? Call 626-449-3470 ext.19

Name: _____ Phone: (day) _____ (evening) _____

Email: _____

Address: _____ zip: _____

➤ Class: _____ Ref #: _____ Fee: _____

➤ Class: _____ Ref #: _____ Fee: _____

➤ Class: _____ Ref #: _____ Fee: _____

➤ Class: _____ Ref #: _____ Fee: _____

Check enclosed. Make check payable to *Neighborhood Church*. Total: _____

Please write "Adult Classes" in memo line

VISA MC Card # _____ Exp. Date _____

Signature _____

New to Neighborhood?

Stop by the Welcome Table on the patio before and after services each Sunday to learn more about Neighborhood Church. The volunteers can share with you numerous activities or take you on a campus tour. You can also sign our guest registry, request a nametag, or get on the e-newsletter mailing list. Assisted listening devices and other accommodations are also available at the table.

New Family Orientation

Second Sunday of every month

After Services (10:45 & 12:45)

Preschool Building—South Side

Families are invited to stay for an orientation and introduction to our Youth

Religious Education Program (philosophy & logistics) and Unitarian Universalism given by

Sara LaWall, Director of Religious Education.